County Health Rankings Just Released!

The Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute just released the 2010 County Health Rankings, a collection of 50 reports that reflect the overall health of counties in every state across the country. In this report, counties can get a snapshot of how healthy their residents are by comparing their overall health and the factors that influence their health, with other counties in their state.

The County Health Rankings are based on two measures – health outcomes and health factors.

**Health outcomes** represent how healthy a county is. The report measure two types of health outcomes: how long people live (mortality) and how healthy people feel while alive (morbidity).

**Health factors** represent what influences the health of a county. We measure four types of health factors: health behaviors, clinical care, social and economic, and physical environment factors. In turn, each of these factors is based on several measures.

- Health Behaviors (30% of the score) - tobacco use, diet and exercise, unsafe sex, and alcohol use
- Clinical Care (20%) – access to care and quality of care
- Social and Economic Factors (40%) – education, employment, income, family and social support, and community safety
- Physical Environment (10%) – environment quality and built environment

So how did Morgan county do?

In Colorado, 8 counties were not rated because of inadequate data (Cheyenne, Dolores, Hinsdale, Jackson, Kiowa, Mineral, San Juan, and Sedgwick), leaving 56 counties. Out of 56 Colorado counties (1 being the healthiest):

**Morgan County rated 44th in health outcomes.**

**Morgan County rated 41st in health factors.**

To see the full report, go to [www.countyhealthrankings.org](http://www.countyhealthrankings.org)